- "Animal I Have Become" 3 Days Grace
- "Almost Lover" A Fine Frenzy
- "Super Trooper" ABBA
- "Sink the Pink" AC/DC
- "Goody Two Shoes" Adam Ant
- "Chasing Pavements" Adele
- "Summer Shudder" AFI
- ".... But Home is Nowhere" AFI
- "Bleed Black" AFI
- "Eye in The Sky" Alan Parsons Project
- "Uninvited" Alanis Morrisette
- "Black Velvet" Alannah Myles
- "Losing My Religion" R.E.M.
- "Them Bones" Alice In Chains
- "House of The Rising Sun" Animals
- "Ghost In My Machine" Annie Lennox
- "D is for Dangerous" Arctic Monkeys
- "Robert De Niro's Waiting" Bananarama
- "Send a Moses" Barrington Levy
- "The Cousin of Death" Beastie Boys
- "Cellphone's Dead"- Beck
- "I Plead Insanity" Belinda Carlisle
- "Bed of Roses" Bon Jovi
- "Water Runs Dry" Boyz II Men
- "Jack the Ripper" Buckethead
- "It's Hard To Be Tender" Carly Simon
- "Galileo" Indigo Girls
- "In Dust We Trust" Chemical Brothers
- "Sunshower" Chris Cornell
- "Dip It Low" Christina Millian
- "Should I Stay or Should I Go?" The
- "Fix You" Coldplay
- "Life Despite God" Courtney Love
- "Zombie" Cranberries
- "I Just Died In Your Arms" Cutting Crew
- "The Man Who Sold The World" David Bowie
- "Personal Jesus" Depeche Mode
- "Life For Rent" Dido
- "Long Train Runnin'" Doobie Brothers
- "System of Survival" Earth, Wind & Fire
- "Fields of Gold" Sting
- "Hole-Hearted" Extreme
- "Total Eclipse of the Heart" Bonnie

- "Afterglow" INXS
- "I'm Only Happy When It Rains" Garbage
- "Invisible Touch" Genesis
- "Wonderlust King" Gogol Bordello
- "Once Bitten, Twice Shy" Great White
- "Maneater" Hall & Oates
- "Love Autopsy" Hugh Grant
- "Megalomaniac" Incubus
- "Suicide Blonde" INXS
- "Mediocre Bad Guys" Jack Johnson
- "Virtual Insanity" Jamiroquai
- "Wordplay" Jason Mraz
- "Curbside Prophet" Jason Mraz
- "Mouthful of Poison" Kittie
- "We Are the Robots" Kraftwerk
- "Destroy Everything You Touch" Ladytron
- "The Battle of Evermore" Led Zeppelin
- "Points of Authority" Linkin Park
- "Selling the Drama" Live
- "Walk on the Wild Side" Lou Reed
- "Die Another Day" Madonna
- "If I Was Your Vampire" Marilyn Manson
- "I Got Money Now" Pink
- "Toy Soldiers" Martika
- "Butterfly Caught" Massive Attack
- "Till the Cops Come Knockin'" Maxwell
- "Of Wolf and Man" Metallica
- "Whiter Shade of Pale" Procol Harum
- "Man in the Mirror" Michael Jackson
- "Hand to Mouth" George Michael
- "Beds are Burning" Midnight Oil
- "Atlantis is Calling" Modern Talking
- "Rome Wasn't Built In a Day" Morcheeba
- "Suedehead" Morrissey
- "Kickstart My Heart" Motley Crue
- "Seven Impossible Days" Mr. Big
- "Looking Like Danger" New Kids On The Block
- "The Hand That Feeds" Nine Inch Nails
- "Bombs Over Baghdad" Outkast
- "Don't Mess With The Dragon" Ozomatli
- "Conversations With My 13-year-old Self" –
  Pink

## PART ONE: BEGINNING MIDDLE AND ENDING

Choose a song title (from the list on the back or just pick a song you love) as a prompt. In 10 minutes, write a very short story with that title. Use the title, not the song, as your starting point, unless the song gives you an idea you are very excited about. Focus on the story "making sense," and in particular the structure of the story. Make sure it has an identifiable protagonist with an understandable goal or problem, and that there is a clear beginning, middle and ending. Try to keep the sentence structure relatively simple and easy to read.

## PART TWO: WORD ASSOCIATION

Choose the title of a song that you don't know. For ten minutes write down as many words and phrases (no full sentences) as you can think of associated with that song or the ideas in it. Ideally this would not be a timed exercise, but would just have you setting a numerical goal of roughly twice as many as you feel comfortable with. Grab nouns, verbs, adjectives, cliches; everything you can find in your brain. Don't be picky. And when you run out, think of rhymes and alliterations and words that are three degrees of separation away.

**Alternative**: Choose a song you have a strong memory attached to. Focus on concrete objects inthat memory to create your word association list.

## PART THREE: SOUND

Now take ten minutes and write a story using the title of the song from part two as your starting point, but this time focus on the sound and rhythm of the language you use. Think about how it will sound when read out loud. Try to use at least one example of alliteration, rhyme or onomatopeia. Feel free to either use or diverge from your word association list as much as you like.